



of Jefferson County, Inc.
Activity & Resource Center⁵⁰⁺

February 2024

Hello Everyone,

February is almost here and the parties are planned.

The “Be Our Valentine” party is on Wednesday, February 14th. This will be a great time. (See the flyer for full details)

Our St. Patrick’s Day party will be on Thursday, March 14th. Mark your calendar now!

We will be beginning our craft classes at 9:30 am so it will give you more time to complete your craft and enjoy conversation before we begin serving lunch.

We were able to purchase a beverage cooler with a stand and 2 storage cabinets with donations received in memory of Michael Bozzelli. We have additional items in mind and will let you know when they are purchased.

We are excited to have CHANGE, Inc. here on February 1st. with their Mobile Clinic from 9am-noon. This will benefit many, so come early that day to stop in the mobile clinic.

We have grown so much in our first 10 months and we owe it all to you. Keep inviting your friends to come share in our fellowship, fun and education. Everyone loves it here and it shows.

Remember there is a suggestion box located on the Activity Table. Drop your suggestions in...we love hearing your ideas.

Cynthia R. Morris
Administrator

Living-Learning-Sharing-Caring

Together As We Age

**P.O. Box 524
235 N. Fourth Street
Steubenville, Ohio 43952
740-520-0120**

In this issue


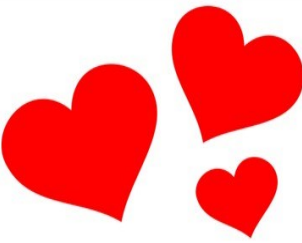
- Lunch Menu
- Activities/Speakers Events Calendar
- Be Our Valentine
- Soup Sale
- Birthdays
- Speaker & Visitor Information
- Lunch Wallet & Information for New Members
- Making Memories



Our Place

of Jefferson County, Inc.
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Menu February 2024

Tuesday	Wednesday	Thursday
		1 Tomato Soup Cold Beef with Provolone on Bun Cheesy Potatoes Warm Spiced Apples
6 Sloppy Joe on Bun Potatoes O'Brien Cauliflower w/Cheese Sauce Vanilla or Chocolate Pudding	7 Sweet & Sour Chicken Rice Pilaf Asian Vegetables Applesauce Bread Orange	8 Macaroni & Cheese Stewed Tomatoes Salad w/Tomato Bread Brownie
13 Grilled Chicken Breast With Mushrooms & Onions Scalloped Potatoes Creamed Corn Bread Cookie	14 Lunch served 11:15 Valentine's Day Party Salad Bar—Stuffed Shells Green Beans—Italian Bread Dessert Please see flyer for More information	15 Beef Patty with Mushroom Gravy Mashed Potatoes Carrots Bread Cake
20 Cabbage Roll Casserole Mashed Potatoes Green Beans Bread Cake	21 Ham Sweet Potatoes Capri Vegetables Bread Peaches	22 Soup Sale Cream of Potato Soup Tuna Salad on Bun Cottage Cheese with Peaches Cookie
27 Meatloaf Mashed Potatoes with Gravy Broccoli Banana	28 Chicken Cobbler Applesauce Cake Bread	29 Chef Salad (Lettuce, Ham, Turkey, Cheese, Egg) Ice Cream Bar

Lunch is by reservation which is required by Thursday at 11 am of the previous week you wish to attend. You may reserve at the registration desk or by calling 740-520-0120 and leave a message

Lunch is served 11:30—12:00 - \$3 per person - Menu is subject to change.

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Activities—Events—Speakers February 2024

		<p>1 9:00 Exercise 10:00 Line Dancing 9:00-12 Change, Inc Mobile Clinic 10:30 Change, Inc. 10:30 Bookmobile 11:00 Blood Pressure Clinic 11:30 Lunch 12:15 Bingo</p>
<p>6 8:00-10:00 Coffee Club & Fun 10:00 Exercise 11:30 Lunch 12:15 Bingo</p>	<p>7 9:00 Euchre 9:00 Crochet Class 9:30 Craft Class 11:30 Lunch 12:00 Chair Volleyball 12:30 Holistic Wellness Exercise</p>	<p>8 9:00 Exercise 10:00 Line Dancing 10:00 Jefferson County Museum 11:00 Blood Pressure Clinic 11:30 Lunch 12:15 Bingo—Prize Dixon Healthcare</p>
<p>13 8:00-10:00 Coffee Club & Fun 10:00 Exercise 11:30 Lunch 12:15 Bingo</p>	<p>14 <i>No Activities</i> <i>Be Our Valentine Party</i> 10:00—1:00</p>	<p>15 9:00 Exercise 10:00 Line Dancing 10:30 Jarvis Law 11:00 Blood Pressure Clinic 11:30 Lunch 12:15 Bingo—Prize SouthernCare Hospice Services</p>
<p>20 8:00-10:00 Coffee Club & Fun 10:00 Exercise 11:30 Lunch 12:15 Bingo-Prize Sienna Skilled Nursing and Rehabilitation</p>	<p>21 9:00 Euchre 9:00 Crochet Class 9:30 Craft Class 11:30 Lunch 12:00 Chair Volleyball 12:30 Holistic Wellness Exercise</p>	<p>22 9:00 Exercise 10:00 Line Dancing 11:00 Blood Pressure Clinic 11:30 Lunch 12:15 Bingo—Prize A&B/Diamond Pharmacies</p>
<p>27 8:00-10:00 Coffee Club & Fun 10:00 Exercise 11:30 Lunch 12:15 Bingo</p>	<p>28 9:00 Euchre 9:00 Crochet Class 10:00 Craft Class with Capital Health Nursing & Rehabilitation Centers 11:30 Lunch 12:30 Holistic Wellness Exercise 1:00 Cell Phones with Amy</p>	<p>29 9:00 Exercise 10:00 Line Dancing 11:00 Blood Pressure Clinic 11:30 Lunch 12:15 Bingo</p>

Living-Learning-Sharing-Caring

Together As We Age

Our Place Be Our Valentine

February

14

10:00 - 1:00

Door Prizes - Raffles - Dancing

Lunch served at 11:15

Salad Bar - Stuffed Shells - Green Beans

Italian Bread - Cake & Beverages

Music by: Ron Retzer

Members \$ 5.00

Guests \$ 7.00

RSVP by February 8th



Cream of Potato Soup

\$8.00 per quart

Order deadline

Tuesday, February 20th

Pickup

Thursday, February 22nd

(After Lunch)

*Return order to
Lunch Registration Desk*



*Order forms are located
@ the Activity Table.*



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Happy

Birthday !

February 4

Linda Yanda

February 8

Sharon Morris

February 16

Roger Gaughan

February 17

Tracy McMenamon

February 19

Randy Yanda

February 21

Shirley Porter

February 22

Deanne Starr

February 24

Nora Jacobs

Toni Thomas

February 25

Gisela Martin

February 26

Joan Davis

Marjorie Owens

February 27

Sara Malcolm

**Living-Learning-Sharing-Caring
Together As We Age**

Speakers & Visitors @ Our Place

Join us every **Wednesday** @ **12:30** for a
Holistic Wellness Exercise Class with
Ralph Petrella from SYNA. You'll love it!



FAMILY MEDICAL CARE **MOBILE**
COMMUNITY HEALTH CENTER **MEDICAL UNIT**

MOBILE CLINIC

Your Health, Our Priority!



Primary healthcare is necessary, but it can often be difficult for patients to access. Our Mobile Unit is well equipped to accommodate patients who can not come to us.

 **Wellness Visits**  **Urgent Care**  **Vaccinations**  **Labs**

OUR PLACE

Activity & Resource Center



Every First Thursday
9 AM - 12 PM

No Appointment Needed
Insured, Under-insured & Uninsured Welcome

304-797-7733

www.changeinc.org



**JOIN CHANGE, INC.
FOR A NEW YEAR'S
MOCKTAIL**

WIN A DOOR PRIZE

GIVEAWAYS

**Thursday February 1
10AM - 12PM**

LEARN ABOUT CHANGE, INC.

PICK UP A

*Valentine's
Day*

ACTIVITY



Visit with Aimee & register for a door prize!



The bookmobile will be @ *Our Place* on
Thursday, February 1st.
10:30—12:00

If you would like a specific book, let a staff
member know and we will contact Eric so
he will have it for you.

Did you know you can also get DVDs?

Thursday, February 8th. @ 10:00

Come learn with Linda Hilty



JOIN MICHELLE HOWARD, DIRECTOR OF PUBLIC
RELATIONS
OF DIXON HEALTH CARE

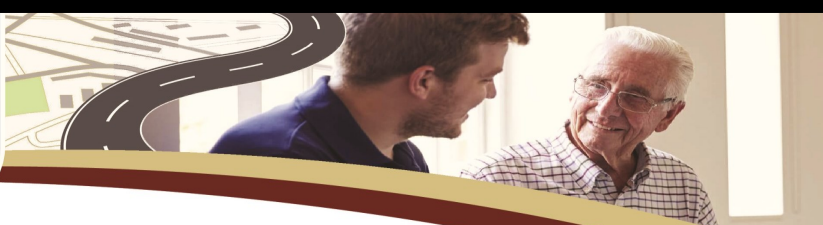
THE 2ND THURSDAY OF EACH MONTH AT 12:15PM
FOR BINGO

DIXON HEALTHCARE WILL PROVIDE THE DOOR PRIZE
FOR THE 1ST GAME OF BINGO

MICHELLE WILL ALSO BE ON HAND TO ANSWER ANY
QUESTIONS YOU MAY HAVE REGARDING SHORT AND LONG
TERM NURSING CARE

LOOKING FORWARD TO SEEING EVERYONE





GETTING YOUR AFFAIRS IN ORDER

Documents to Prepare for the Future

No one ever plans to be sick or disabled. Yet, planning for the future can make all the difference in an emergency and at the end-of-life. Being prepared and having important documents in a single place can give you peace of mind, help ensure your wishes are honored, and ease the burden on your loved ones.

Please Join Jarvis Law Office for an Important Informational Event: 5 Legal Documents Every Adult Needs

- ✓ Durable Power of Attorney
- ✓ Healthcare Power of Attorney
- ✓ Living Will
- ✓ HIPAA
- ✓ Will

WHEN
February 15th, 2024

WHERE
Our Place Senior Center
235 N 4th St, Steubenville, OH 43952

TIME **10:30 am - 11:15am**

Avoid Stress and Unneeded Cost

Provide Yourself and Your Loved Ones a Sense of Security

YOU Choose Who Makes Decisions on Your Behalf When You Can't Speak for Yourself

Life Comes At Us Fast- Don't Wait!

For More Information, Please Call 1-877-653-3450
jarvisfirm.com/events



With them when life matters most

Most of us long for the comfort of home and the company of loved ones during the holidays. With our compassionate care, we can help this wish come true.

For patients and loved ones facing a life-limiting illness, this time of year can be especially challenging. Our team offers physical, emotional and spiritual support to provide comfort and ease anxieties so the entire family may enjoy this precious time together.

We're here for your patients and their families on holidays and every other day of the year.

For more information:
100 Welday Avenue, Suite G, Wintersville, OH 43953
(740) 217.2420 tel • (740) 314.4983 fax • OH TDD/TTY# 800.750.0750
southerncarehospice.com



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Visit with Dan—He will be presenting the prize for the first Bingo game.

Thursday, February 15th



YOUR HEALTH IS OUR PRIORITY

SKILLED CARE THAT YOU CAN COUNT ON!

ENJOY THE COMFORT OF YOUR PHYSICIAN PROVIDING PERSONALIZED CARE AT SIENNA SKILLED NURSING & REHABILITATION!

Dr. John Figel, Medical Director
Rosann Trimmer NP
Dr. Sanjay Gupta

Dr. Shaban Shoshi
Lynn Giffin, NP
Dr. Stephen Kuruc
Dr. Atul Shah

NURSING SERVICES

- Extended IV Therapy
- Onsite Wound Care
- T.P.N
- Peritoneal Dialysis
- Dietary Consults
- Hospice Services
- Respite Stays

RESPIRATORY/PULMONOLOGY

- Respiratory Therapy
- Personalized Patient Education
- Non-Invasive Ventilation Program
- Cardio-Pulmonary Rehab

REHABILITATION SERVICES

- Physical, Occupational and Speech Therapy
- Cognition Therapy
- Stroke Recovery
- Swallow Studies
- Sleep Studies

Sienna

Skilled Nursing and Rehabilitation

740-264-5245

ContinuingHC.com



A Continuing Healthcare Solutions Community

**Visit with Kathryn —She will be presenting the prize for the first Bingo game.
 Tuesday, February 20th.**



Our Caring and Professional Pharmacy Liaison Will Personally Help You With the Following:

Free prescription delivery to the following areas:

- ~ Belmont County
- ~ Hancock County
- ~ Toronto
- ~ Brooke County
- ~ Mingo Junction
- ~ Wintersville
- ~ Steubenville

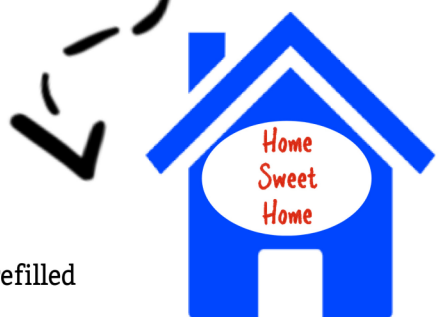
We Offer:

- Free Prescription Delivery Services
- Easy to use Medication Packaging
- Prescription Synchronization
- Free Personalized Consultation

Diamond Pharmacy
 Free Rx Delivery
 (740) 264-6500

A&B Sunset Pharmacy
 Free Rx Delivery
 (740) 264-5711

- ~ Free personalized consultation
- ~ In-home visit with samples of medication packaging
- ~ Synchronize all of your medications to be filled at the same time
- ~ Call your doctor for refill authorization
- ~ Get your prescriptions transferred for you
- ~ Gather your personal information for accurate prescription filling
- ~ Make sure your prescriptions are automatically refilled and delivered **every** month



**Visit with Susan—She will be presenting the prize for the first Bingo game.
 Thursday, February 22nd.**

Craft Class

Wednesday, February 28th.

10:00 am

Will be provided by:

Alisa with



Capital Health Nursing &
Rehabilitation Centers

Come join the fun!

Register @ the Activity Table



Amy with First West
will be sharing tips
on using cell phones.

Wednesday,
February 28th.

@ 1:00





**Help us stay
connected with you!**

Do you text? Did you provide us with your cell phone number when you became an Our Place member?

If so, add the following number to your phone's contact list so you can easily recognize text alerts from Our Place notifying you of last minute information about activity changes or additions, weather closures and other important communications.

Simply add the following phone number to your phone's contact list:

855-920-2881

You can name it "Our Place Text Alert" or on your next visit to Our Place look for Cynthia and she can help you get set up.

**Phone call from
Our Place**

The number that will show on your caller ID at home or on your cell phone is:

740-520-0120

You may also want to add this number to your cell phone contacts.

**Email from
Our Place**

If you registered an email address when you joined, emails sent to you will be addressed from:

First Westminster
Church

Our Place Activity & Resource Center



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Lunch Wallet

You may place monies into your “**Lunch Wallet**”. We ask you to do it in increments of 3. (\$3, \$6, \$9, etc). You may prepay as much as you would like.

You will receive a punch card as a receipt of your payment and the payment will be recorded in your file. Each time you have lunch, \$3 will be deducted from your “**lunch wallet**”. We will punch your card (or if you misplace your card, you can initial the lunch reservation sheet).



Follow us on Facebook:

Our Place Jefferson County

Website:

OurPlaceJeffersonCounty.com

We now take credit cards to purchase lunch wallets, renew or purchase memberships and to make donations.



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Making Memories





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