

Our Place

of Jefferson County Inc.
ACTIVITY & RESOURCE CENTER ⁵⁰⁺

NOVEMBER 2024



Hello Everyone,

November will be a brief month at Our Place. Our Thanksgiving Party is scheduled for Thursday, November 21st, after which we will be closed until Tuesday, December 3rd.

Danielle from Sole Vitality will return on Wednesday, November 6th. To book your spot at the popular foot clinic, please contact Danielle directly at 740-296-3600.

The final "Soup's On Class" will take place on November 12th at 10 am. On the same day, the Parkinson's Foundation of Western PA will host a session on physical therapy.

You still have the opportunity to arrange a private Medicare Part D consultation with Stephanie Wendell from OSHIIP. Please call or sign up at the Activity Table.

Final preparations for our Christmas party are underway, with the celebration planned for Thursday, December 19th. Save the date!

We extend our heartfelt thanks for your support and cherish each of you as more than friends; we are the "Our Place Family." We wish you a joyous Thanksgiving and eagerly anticipate our continued growth together.

See you soon,

Cynthia R. Morris
 Administrator

CONTACT US!

P.O. Box 524

235 N. Fourth St.

Steubenville, Ohio 43952

740-520-0120

ourplacejeffersoncounty.com



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Living-Learning-Sharing-Caring	
Together As We Age	

Nov 1

Joanne Llewellyn

Nov 2

Ancel Wise

Nov 4

Mary Alice Wukelic

Jodi Russell

Nov 5

Mary Simpson

Ron Davis

Yvonne Tolson-Myers

Paula Ricouard

Nov 9

Sharon Mack

Pamela Thomas

Nov 11

Mary Ann Tegano

Sheila Hanlin

Nov 17

Ron Hada

Nov 18

Sondra Pompa

Rose Lavender

Nov 21

Ruth Dearth

Nov 22

Nancy Cominsky

Nov 23

Janice Diekmann

Nov 25

Shirley Guida

Nov 26

Pat Polen

Robert Comisso

Lester Stuckemeyer

Nov 29

Nancy Ramsey

Nov 30

Eileen Reilly

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ACTIVITIES

BINGO

Every Tuesday & Thursday
12:15 pm - 1:30 pm

BINGOCIZE

3rd Wednesday, 10:00 am

BLOOD PRESSURE CLINIC

4th Tuesday of the month
Tuesday 10:30 am - 11:30 am

CHAIR VOLLEYBALL

Every
Wednesday, 12:15 pm - 1:00 pm

COFFEE CLUB SOCIAL

Every
Tuesday, 8:00 am - 10:00 am

CRAFT CLASS

The 1st, 2nd, 4th and 5th
Wednesday, 9:30 am - 10:30 am

CROCHET SOCIAL

Every
Tues. - Wed. - Thurs. 9:00 am

EUCHRE

Every
Wednesday 9:00 am

EXERCISE CLASS

Every
Tuesday, 9:00 am - 10:00 am
Thursday, 9:00 am - 10:00 am

LINE DANCING

Every
Wednesday 12:30 pm - 1:30 pm
Thursday 10:00 am - 11:00 am

LUNCH

Tuesday, Wednesday & Thursday
11:30 am - 12:00 pm

Soup's On! Classes




SNAP-Ed is a free evidence-based educational program that helps individuals with healthy eating patterns, increase physical activity, and shopping tips on a budget.

Come join me, Audrey Haight, for Soup's On! program where we will discuss healthy eating patterns and saving money while we make a specific healthy warm soup for the cooler temperatures.

DATE: Every other Tuesday in October and November
TIME: 10:00 – 11:00 AM
LOCATION: Our Place

For more information contact:
Audrey Haight, Program Assistant Jefferson/Harrison OSU Extension;
740-461-6140; haught.96@osu.edu

THE OHIO STATE UNIVERSITY
COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES


CFAES

October 15
Energy Balance:
Tuscan Soup

October 29
Getting the Most Out
of Your Money:
Apple Corn Chili

November 12
Fruits and
Vegetables:
Broccoli Potato Soup




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of this space

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ACTIVITIES-EVENTS-SPEAKERS OCTOBER 2024

TUESDAY	WEDNESDAY	THURSDAY
<p>5 8-10 Coffee/Crochet Social 9:00 Exercise 11:30 Lunch 12:15 Bingo</p>	<p>6 9:00 Euchre Sole Vitality Foot Clinic 9:30 Craft Class 11:30 Lunch 12:15 Chair Volleyball 12:30 Line Dancing</p>	<p>7 9:00 Exercise 10:00 Line Dancing 10:30 - 11:30 Library Bookmobile Eric Heaton 11:30 Lunch 12:15 Bingo</p>
<p>12 8-10 Coffee/Crochet Social 9:00 Exercise 10:00 Parkinson's Support Group Speaker with Parkinson's Foundation of Western PA 10:00 Soup's On! Class Audrey Haught OSU Extension Jefferson County 11:30 Lunch 12:15 Bingo - Susan Tarr A&B Diamond Pharmacies</p>	<p>13 8-10 Coffee/Crochet Social 9:00 Euchre 9:30 Craft Class 11:30 Lunch 12:15 Chair Volleyball 12:30 Line Dancing</p>	<p>14 9:00 Exercise 10:00 Line Dancing 10:00 Jefferson Co. Historical Museum - Linda Hilty 11:30 Lunch 12:15 Bingo - Michelle Howard Dixon Healthcare</p>
<p>19 8-10 Coffee/Crochet Social 9:00 Exercise 10:00 - 1:00 OSHIIP - Consultations By appointment 10:30-11:30 Blood Pressure Clinic Abby Manni Capital Health Home Care 10:00 Soup's On! Class Audrey Haught OSU Extension Jefferson County 11:30 Lunch 12:15 Bingo - Michael Vok The Laurels of Steubenville</p>	<p>20 8-10 Coffee/Crochet Social 9:00 Euchre 10:00 - 1:00 OSHIIP - Consultations By appointment 10:00 Bingocize 12:15 Chair Volleyball 12:30 Line Dancing</p>	<p>21 <i>Thanksgiving Party</i> 10 - 1</p>
<p>26 <i>Closed</i></p>	<p>27 <i>Closed</i></p>	<p>28 <i>Happy Thanksgiving</i></p>
<p>Please check in for events and programs on the touch screen.</p>	<p><i>Our Place</i> of Jefferson County Inc. ACTIVITY & RESOURCE CENTER⁵⁰⁺</p>	<p>Living-Learning-Sharing-Caring Together As We Age</p>



MENU NOVEMBER 2024

TUESDAY	WEDNESDAY	THURSDAY
5 All Beef Hot Dog on Bun Coleslaw Baked Beans French Fries Cookie	6 Meatball w/Cheese on Bun Scalloped Potatoes Spinach Cake	7 Fried Chicken Creamy Cheesy Hominy Green Beans Bread Sherbet
12 Chicken Cobbler Applesauce Cake and Ice Cream Bread	13 Taco Salad (Lettuce, Tomato, Onion, Cheese Taco Meat) Salsa, Sour Cream Nacho Chips Assorted Dessert Table	14 <i>Soup Sale</i> Cream of Potato Soup Tuna Salad on Bun 3 Bean Salad Jello Parfait
19 Chicken Linguini Alfredo Side Salad w/Tomato Carrots Chocolate or Vanilla Pudding Italian Bread	20 Cheeseburger on Bun Roasted Potatoes Broccoli & Cauliflower Cookie	21 Thanksgiving Party Turkey-Stuffing-Mashed Potatoes Gravy-Sweet Potatoes Green Beans Pumpkin or Apple Pie Please see Flyer
26 <i>Closed</i>	27 <i>Closed</i>	28 <i>Happy Thanksgiving</i>
Please make your lunch reservations on the touch screen or call 740-520-0120 . You may leave a message. Messages are delivered to our cell phones. Thank you		**Menu is subject to change Did you renew your membership? Living-Learning-Sharing-Caring Together As We Age



IMPORTANT DATES



Sole Vitality Senior Foot Care Clinic



Next Clinic Scheduled For: November 6th, 2024

Location: Our Place of Jefferson County

Time: Starting at 9 a.m.

Your 30-Minute Session includes:

- Full assessment and inspection of the feet
- Trimming, thinning, and filing of the toenails
- Thinning and filing of rough skin, corns, and calluses
- Management of in-grown toenails and reduction of thick or fungal nails
- Moisturizer, if chosen to end the service

Cost: \$30- can be paid in cash, check, or card. Payment due at the time of service (this avoids unknown bills from insurance).

To schedule your 30-minute foot care session call us at Sole Vitality today!

Phone: 740-296-3600



Parkinson's Support Group
Open to the public
Tuesday, November 12th @ 10

Our Place

of Jefferson County Inc.
ACTIVITY & RESOURCE CENTER⁵⁰⁺

235 N 4th Street, Steubenville
First Westminster Presbyterian Church

Speaker from:
Parkinson's Foundation of Western PA



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Department of Insurance

Ohio Senior Health Insurance Information Program (OSHIP)

“Medicare Part D Yearly Review”

Find the best Part D Plan for you during Open Enrollment until December 7th

- Location - Our Place of Jefferson County
First Westminster Presbyterian Church
235 N. 4th Street, Steubenville
- **Open to the Public**
- Private Consultation
- No Cost
- No Pressure
- Dates: Tuesday, October 29th
Tuesday, November 19th
Wednesday, November 20th
Tuesday, December 3rd
- Appointment Times:
10 am, 11 am, Noon, 1pm

Call to check availability and to schedule 740-520-0120

Please bring your Medicare and insurance cards in addition to medication lists.



Cream of Potato Soup

\$8.00 per quart

Order deadline

Tuesday, November 12th

Pickup

Thursday, November 14th

(After Lunch)

Return order form to Lunch Registration Desk w/payment



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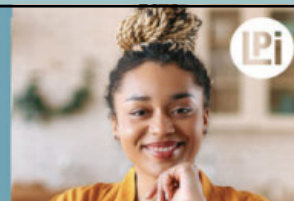
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P.O. Box 524
Steubenville, Ohio 43952



Thursday, November 21st
10 - 1

Turkey-Stuffing-Mashed Potatoes
Gravy-Sweet Potatoes
Green Beans
Pumpkin or Apple Pie

Music by Rich Grimm
Auction Table
Door Prizes
Members \$5
Guests \$7
RSVP by Monday, 11/18

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of Jefferson County Inc.
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740-520-0120



*Thanksgiving is a
time of reflection for
all our blessings. Your
friendship counts for
so much. Have a
joyous Thanksgiving.*