

November 2023

Hello Everyone,

We will be seeing you in a couple of days for the Halloween Party. We are going to have a great time.

There is a change for November with the Holistic Wellness Exercise Class. It is moving to Wednesdays @ noon due to Ralph's purchase of a new gym. The chair volleyball will therefore be on Tuesdays @ 12:15.

In this issue

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- Making Memories

We would like to thank Elba Hada and Marcella Miller for representing Our Place @ the WIAACC Breast Cancer Awareness & Community Health Fair @ the Fort Steuben Mall. Also a thank you to Elba for making and donating the basket that was used as a door prize...it was beautiful.

Medicare Open Enrollment is upon us so please check the flyers and the visitor calendar for dates and make sure you schedule your private counselling session. Jennifer with Harvest Moon Insurance, Tracy McManamon with One Source Benefit and Sandra Saunders with OSHIIP (Ohio Senior Health Insurance Information Program) will all be here this month. The registration sheets are located on the Activity Table.

Our Thanksgiving Lunch will be held on Tuesday, November 21st along with our first soup sale. Please see the flyers for more details.

Our Place will be closed on Wednesday, November 22nd and Thursday, November 23rd to spend time with family. We thank all of our members for your participation and support and want you to know we are thankful to have all of you involved in Our Place.

P.O. Box 580, 235 N. Fourth Street
Steubenville, Ohio 43952

740-520-0120

We are working with Adult Protective Services to help those who need a little extra love & support during the holiday season. Please see the flyer about the Senior Giving Tree and let's show how much we give back and care for members of our community.

Thank you to Alisa w/Capital Health Nursing & Rehabilitation Centers and Jess w/Trinity Health System for leading our craft class last Thursday. Everyone had a great time learning how to create a charcuterie board. Alisa & Jess will be back the 4th week of each month beginning in January to lead craft class.

We must say thank you to Stewart Moore for providing music during lunch. It was so enjoyable and we can't wait to have him back on Thursday, November 2nd.

We think it goes without saying but we still must thank all of our volunteers. We couldn't do this without you. You are the best!

We appreciate all of the companies and individuals for the visits they make to Our Place and the valuable information they share. Thank you for supporting our older adults and for making it so much fun.

November 11th is Veteran's Day. Please take time to remember those lost and to thank all who have and still do serve our country to keep us safe. God Bless you and God Bless America.

We have been doing a great job using our enhanced fall/winter health practices. Let's keep up the good work!

One last thing. Mark you calendar for Wednesday, December 20th (Christmas Lunch with the Coalition Party) and Thursday, December 21st for the first dinner Christmas Party @ Our Place. You don't want to miss it!

Sincerely,

Cynthia R. Morris
Administrator

Living-Learning-Sharing-Caring
Together As We Age

Menu November 2023

| | | |
|--|---|--|
|  | <p>1 Hot Dog on Bun Baked Beans French Fries Cake</p> | <p>2 Chef Salad (Ham, Turkey, Cheese, Tomato, Eggs & Croutons) Crackers Warm Apple Crumb</p> |
| <p>7 Hamburger on Bun Rosemary Potatoes Broccoli w/Cheese Sauce Jello Parfait</p> | <p>8 Grilled Chicken Breast w/Onions, Peppers & Mushrooms Long Grain & Wild Rice Buttered Carrots Bread</p> | <p>9 Tuna Salad on Bun Cheesy Cauliflower Soup 3 Bean Salad Crackers</p> |
| <p>14 Breaded Chicken Patty on Bun Parsley Potatoes Cauliflower w/Cheese Sauce</p> | <p>15 Ham Scalloped Potato Capri Vegetables Bread</p> | <p>16 Cabbage Roll Casserole Mashed Potatoes Green Beans Bread</p> |
| <p>21 <i>Thanksgiving Luncheon & Social</i> Turkey w/all of the trimmings—Apple Pie & Pumpkin Pie <i>(More information on flyer)</i> <i>Soup Sale Pickup</i></p> | <p>22 <i>Closed</i></p> | <p>23 <i>Closed</i> <i>Happy Thanksgiving</i> <i>We are thankful for you!</i></p> |
| <p>28 Chicken Cobbler Applesauce Chocolate or Vanilla Pudding Bread</p> | <p>29 Cold Beef w/Provolone on Bun Potato Wedges Tomato Soup Crackers</p> | <p>30 Linguini Alfredo w/Chicken Tenders Side Salad w/Tomato Italian Bread Ice Cream Bar</p> |

Lunch is by reservation which is required by Thursday at 11 am of the previous week you wish to attend. You may reserve at the registration desk or by calling 740-520-0120, press option 2 and leave a message.

Lunch is served 11:30—12:15

\$3 per person

Menu is subject to change.



Activities—Events—Speakers

| | | |
|--|---|--|
| | 1 9:00 Euchre 9:00 Crochet Class 10:00 Craft Class 11:30 Lunch 12:30 Holistic Wellness Exercise | 2 9:00 Exercise 10:00 Line Dancing 10:30 Change, Inc. 10:30 Sienna 10:30 Bookmobile 11:00 Blood Pressure Clinic 11:30 Lunch 12:15 Bingo |
| 7 9:00 Exercise 10:00 Bingo 11:30 Lunch 12:15 Chair Volleyball | 8 9:00 Euchre 9:00 Crochet Class 10:00 Craft Class 10:00 Pam Cox Dealing with Isolation & Loss 11:30 Lunch 12:00 Holistic Wellness Exercise 1:00 Parkinson's Support Group | 9 9:00 Exercise 10:00 Line Dancing 10:00 Jefferson County Museum 11:00 Blood Pressure Clinic 11:30 Lunch 12:15 Bingo Prize Dixon HealthCare |
| 14 9:00 Exercise 10:00 Bingo 10:30 Harvest Moon Insurance 11:30 Lunch 12:15 Chair Volleyball | 15 9:00 Crochet Class 9:00 Euchre 9-11 One Source Benefits 10:00 Craft Class 10:30 Valley Hospice 11:30 Lunch 12:00 Holistic Wellness Exercise 1:00 Cell Phones with Amy | 16 9:00 Exercise 9-11 One Source Benefits 10:00 Line Dancing 10:00 RSVP 11:00 Blood Pressure Clinic 11:30 Lunch 12:15 Bingo Prize SouthernCare Hospice Services |
| 21 <i>Thanksgiving Luncheon & Social Please see flyer</i> | 22 <i>CLOSED</i> | 23 <i>CLOSED</i> |
| 28 9:00 Exercise 10:00 Bingo 9:00 OSHIIP 11:30 Lunch 12:15 Chair Volleyball | 29 9:00 Euchre 9:00 Crochet Class 10:00 Craft Class 11:30 Lunch 12:00 Holistic Wellness Exercise | 30 9:00 Exercise 10:00 Line Dancing 11:00 Blood Pressure Clinic 11:30 Lunch 12:15 Bingo Prize A&B/Diamond Pharmacies |



Our Place **50+**

FIRST WEST

Living-Learning-Sharing-Caring

Together As We Age



November 2

Ancel Wise

November 4

Mary Alice Wukelic

November 5

Ron Davis

Mary Simpson

Yvonne Tolson-Myers **November 22**

November 9

Sharon Mack

November 10

Michael Bozzelli

November 11

Mary Ann Tegano

November 17

Ron Hada

November 18

Sondra Pompa

Rose Lavender

November 21

Ruth Dearth

Nancy Cominsky

November 23

Janice Diekmann

Bill Landis

November 30

Eileen Reilly

Random Fun Fact

The main exporter of Brazil nuts is not Brazil. It's Bolivia.


**Living-Learning-Sharing-Caring
Together As We Age**



Thanksgiving Luncheon & Social

Tuesday, November 21st

10—1

- 
- Turkey
 - Stuffing
 - Mashed Potatoes
 - Gravy
 - Sweet Potatoes
 - Northwest Beans

Pumpkin Pie w/Whipped Cream
or
Apple Pie w/Ice Cream

- Iced Tea
- Punch
- Coffee
- Hot Tea

**Music By:
Rich Grim**

Door Prizes

Chinese Auction

Dancing

**We Are
Thankful
For You!**

**Member \$5
Non-Member \$7**



Soup Sale

Wedding Soup

\$8.00 per quart

Order deadline

Thursday, November 16

Pickup

Tuesday, November 21

*(After our Thanksgiving
Lunch & Social)*

Return order to Cynthia or Judy



Orders must be prepaid

Soup will be cold

Senior Giving Tree

Our Place is partnering with

Adult Protective Services to help make Christmas better for some.

“The purpose of the senior giving tree is to try and help seniors 60 or older, living in their own home, who may not have friends or family around during the holidays,” explains Marie Holt, representative of the protective service’s department.

Anyone who would like to submit a request for a senior will need to have the form (they are located on the Activity Table) turned in to Judy or Cynthia to insure the privacy of all involved. We will then forward to Adult Protective Services. They will number the applications and place them on an angel. The angels will be placed on a tree.

Those wishing to adopt a senior to shop for can take an angel from the tree and return gifts in bags or a box marked with the angel number. We will get all gifts to Job and Family Services by Dec. 15th so they can be wrapped and delivered for Christmas.



**Senior Giving Tree
Angel Submissions**
Phone: 740-282-0961
Fax: 740-284-3190

Deadline:
Nov. 22

Referent Name/Phone Number: _____

Name: _____

Age: _____

Address: _____

Phone Number: _____

GIVING TREE WISHLIST

| Needs | Sizes | Interests |
|----------------|-------|------------|
| EX: SWEATSHIRT | XL | OHIO STATE |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |



Speakers & Visitors @
Our Place

Join us every **Wednesday** @ **12:00** for a
Holistic Wellness Exercise Class with
Ralph Petrella from SYNA. You'll love it!

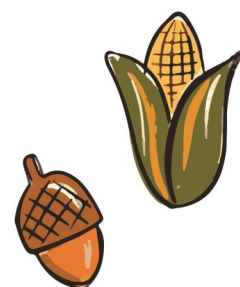


Join CHANGE, Inc.
THURSDAY NOVEMBER 2ND
10 AM - 12 PM
for
Thanksgiving
Punch



WIN A
DOOR PRIZE

LEARN
ABOUT
CHANGE, INC.



GIVEAWAYS



CHANGE, INC.



Visit with Aimee & register for door prize!





Sienna Skilled Nursing & Rehabilitation
will be visiting on Thursday, November 2.
Stop by the table for valuable information.

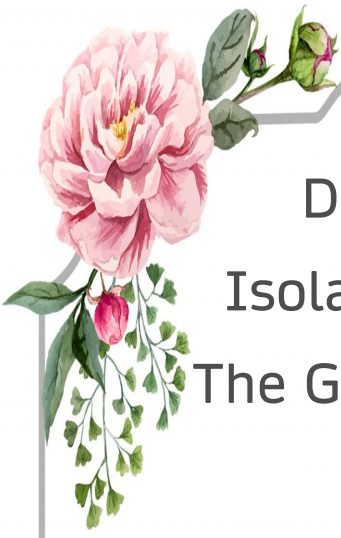


The bookmobile will be @ *Our Place* on
Thursday, November 2
10:30—12:00

If you would like a specific book, let a staff
member know and we will contact Eric so
he will have it or you.

Did you know you can get DVDs also?





Dealing with
Isolation and Loss
The Grieving Process

Pam Cox

Pastor/Nurse

Wednesday

November 8

@ 10:00



Register @ the activity table






Parkinson's Support Group

Wednesday

November 8 @ 1:00

A special guest, Ralph Petrella, will be coming to explain the importance of exercise.



Thursday, November 9 @ 10:00

Come learn interesting facts by Linda Hilty.

Register @ the activity table

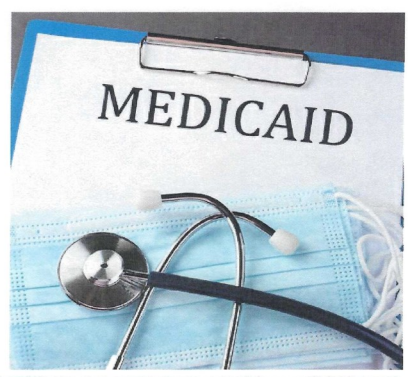


Applying for Medicaid?

We Accept Pending Medicaid Referrals!

Our team of medical and financial professionals are here to help you and your family navigate the Medicaid application process.

If you have a Medicaid referral, our staff can complete a brief screening to help you understand the details of the application process, compile necessary paperwork, and answer any questions you may have.



To make a referral or to learn more about this program, contact your hospital clinical liaison or our **24/7 central intake service line** at:
740-264-1155 or 877-366-5306

CommuniCare Health Services complies with all state and federal regulations and policies and is the representative payee for residents.

A MEMBER OF THE



CommuniCare
FAMILY OF COMPANIES
Serving with Pride.

For more information, please contact:

Dixon Health Care Center
135 Reichart Ave
Wintersville, Ohio 43953
Michelle Howard, DOPR
740-381-4471
michoward@chs-corp.com

Michelle will be awarding the first prize of Bingo supplied by Dixon Healthcare



Do You Qualify For Medicare Extra Help?

What Is The Part B Giveback & Do You Qualify For A Giveback?

Get Up To \$1,978.80 Per Year Back On A Part B Premium Reduction!

| You May Qualify If Your | Monthly Income Is Less Than |
|-------------------------|-----------------------------|
| Individuals | \$1,843 |
| Married Couples | \$2,485 |

* To qualify you can not have more than \$16,660 in your checking or savings account if single or \$33,240 if married.



As a licensed sales agent, I can help you find out if you qualify for EXTRA HELP.



Call or visit us on-line to learn more!

304-374-4196

www.harvestmooninsurance.com

Tuesday, November 14

Jennifer will be visiting @ 10:30

At 12:15 she will make a short presentation and meet with you privately to discuss a plan that is best for you.

Visit with Jennifer & register for door prize!

Schedule your time for personal assistance @ the Activity Table.



HARVEST MOON INSURANCE

MEDICARE OPEN ENROLLMENT

October 15th Through December 7th

You May Be Entitled To Additional Benefits Such As Extra Help Paying For Your Prescriptions, Transportation, Personal Care, And Care Coordination. Please Call Us For An Individual Consultation. Never A Fee For Our Services.



Jennifer Morehead

Licensed Health & Life Insurance Consultant
MA, BS, NHA/L, COTA/L

Phone: 304-374-4196

E-Mail: jennifer@harvestmooninsurance.com

Website: www.harvestmooninsurance.com



Licensed In OH, WV, & PA / Certified With Many Carriers

Your Hometown Independent Agent



Neither Harvest Moon Insurance nor its agents are connected with the Federal Medicare Program. Calling the number above will direct you to a licensed sales agent.



ONE SOURCE
BENEFITS

TRACY B. MCMANAMON

Call or Text: (740) 282-1132

Over 34 years of helping people understand,
navigate, and enroll in the right Medicare plan.

WWW.ONESOURCEBENEFITS.COM

MEDICARE

Tracy McManamon will be at Our Place meeting individually to help you make an informed choice.

Wednesday, November 15

9:00—11:00

and

Thursday, November 16

9:00—11:00

Register @ the Activity Table with a time that is best for you or call Tracy to make plans for another day.

Register @ the activity table

COME ONE, COME ALL, TO THE

GREATEST SHOW

Friday, November 3, 2023

Cocktails: 5:30 P.M.

Dinner: 6:30 P.M.

St. Florian Hall

Wintersville, OH



VALLEY
HOSPICE

Caring. Living. Healing.

Visit Our Website to Purchase Tickets!
www.valleyhospice.org/calendar

\$50 PER PERSON

Dinner • Show • Cash Bar

-OR-

\$75 PER PERSON VIP

Dinner • Show • Cash Bar

VIP Room Admission

Entertainment By:

CLEVELAND KEYS
DUELING PIANOS

All proceeds from this event will benefit Valley Hospice.

Visit Chris with Valley Hospice

at his table on Wednesday,

November 15 from 10:30—12:00



Amy with First West will be sharing tips on using cell phones.

Wednesday,
November 15
@ 1:00

Register @ the activity table



YOU BELONG HERE

BECOME A
HOSPICE VOLUNTEER



VOLUNTEER OPPORTUNITIES

Hold a hand; share a story • Send a card • Listen, read, or sing • Make gifts for patients
Run errands or perform light housekeeping • Share flowers, bake, or garden
Administrative office support • Make phone calls • Attend community events • Veteran-to-Veteran Support
DISCOVER THE BEST FIT FOR YOU BASED ON YOUR INTERESTS



SouthernCare®
Hospice Services

Winterville
100 Welday Avenue, Suite G
Winterville, OH 43953
740.217.2420
www.southerncarehospice.com
Revised 04.11.19 SCH-275-041119

Dan will be presenting the first prize for Bingo supplied by SouthernCare Hospice Services on Thursday, November 16



Marti Leake
RSVP Program Coordinator
Columbiana & Jefferson Counties



mleake@fcsserves.org
P: 330.424.7877
F: 330.424.0910



PO Box 355 | Lisbon, OH 44432 | rsvp.fcsserves.org

Thursday, November 16th @ 10:00 visit
with Marti from RSVP and register for a
door prize @ her table.



MEDICARE OPEN ENROLLMENT CHECKUP EVENTS

Medicare Annual Open Enrollment
runs from October 15th-December
7th. Swipe for presentations and
counseling offered by OSHIIP.

[https://insurance.ohio.gov/cons
umers/medicare/medicare-
checkup-events](https://insurance.ohio.gov/cons
umers/medicare/medicare-
checkup-events)

GOT ANY QUESTIONS?
Please call +800-686-1578



Ohio Senior Health Insurance Information Program
(OSHIIP)

Tuesday, November 28 starting @ 9 am

Register @ the activity table





Free prescription delivery to the following areas:

- ~ Belmont County ~ Hancock County ~ Toronto
- ~ Brooke County ~ Mingo Junction ~ Winterville
- ~ Steubenville

Our Caring and Professional Pharmacy Liaison Will Personally Help You With the Following:

We Offer:
Free Prescription Delivery Services
Easy to use Medication Packaging
Prescription Synchronization
Free Personalized Consultation

Diamond Pharmacy
Free Rx Delivery
(740) 264-6500

A&B Sunset Pharmacy
Free Rx Delivery
(740) 264-5711

- ~ Free personalized consultation
- ~ In-home visit with samples of medication packaging
- ~ Synchronize all of your medications to be filled at the same time
- ~ Call your doctor for refill authorization
- ~ Get your prescriptions transferred for you
- ~ Gather your personal information for accurate prescription filling
- ~ Make sure your prescriptions are automatically refilled and delivered **every** month



Visit Susan at her table to learn valuable information from

A&B/Diamond Pharmacies

Susan will also be presenting the first prize for Bingo on Thursday, November 30

supplied by

A&B/Diamond Pharmacies.





**Help us stay
connected
with you!**

Do you text?
Did you
provide us
with your cell
phone number
when you
became an
Our Place
member?

If so, add the
following
number to
your phone's
contact list so
you can easily
recognize text
alerts from
Our Place

**Phone call from
Our Place**

The number that will
show on your caller
ID at home or on
your cell phone is:

740-520-0120

You may also want
to add this number
to your cell phone
contacts.

**Email from Our
Place**

If you registered an
email address when
you joined, emails
sent to you will be
addressed from:

First Westminster
Church

Our Place Activity & Re-
source Center



Our Place 50+

FIRST WEST



Lunch Wallet

You may now place monies into your **“Lunch Wallet”**. We ask you to do it in increments of 3. (\$3, \$6, \$9, etc). You may prepay as much as you would like.

You will receive a punch card as a receipt of your payment and the payment will be recorded in your file. Each time you have lunch, \$3 will be deducted from your **“lunch wallet”**. We will punch your card (or if you misplace your card, you can initial the lunch reservation sheet).

A punch card form for a lunch wallet. The form is white with a light green border. At the top right, there is a logo for "Our Place 50+" with a bird icon and the text "OUR PLACE" below it. The form contains the following text:

Name _____
Lunch Wallet \$ _____
Paid ____ / ____ / 2023
Each punch on the card = \$3





VETERANS DAY

HONORING ALL THOSE WHO SERVED

I pledge allegiance
to the flag

of the United States of America,
and to

the republic for which it stands,
one nation under God,

indivisible,
with liberty
and
justice for all.

We care about you even when we aren't together!

Community Events

Mark your calendar!

Arts & Crafts Show

Sat. November 4, 2023

Vendors Wanted



\$10 5 x 5 space Table Provided \$20 10 x 5 space Bring your own \$30 10 x 10 space Bring your own

Aquinas Gym 625 Lovers Lane Steubenville

Questions?
740-275-8699
tina@pwl.net

registration opens on July 1, 2023
go.rallyup.com/fall23

ICMS WINTER FUNDRAISER

SHOP WITH OVER 40 VENDORS THROUGHOUT THE OHIO VALLEY
HOME DECOR, BAKED GOODS, JEWELRY, TUMBLERS, TEES & MORE!!

SATURDAY NOV 11TH, 2023

10AM-3PM

INDIAN CREEK MIDDLE SCHOOL
CHANCE AUCTION &
CONCESSIONS TOO.

2379 WILSON AVE, MINGO JUNCTION, OH 43938

Hollyday Market Vendor Show

NOVEMBER 12TH, 2023: 10AM- 3PM

VENDORS CONTACT BETHANY HAYES: 740-424-6647

POTTERY ADDITION VFD
448 KINGSDALE RD
STEURVILLE OH 43952

Wheeling Symphony Orchestra

Brass Quintet

at Cove Presbyterian Church



Saturday, November 4, 2023, at 2 o'clock
FREE ADMISSION & OPEN TO THE PUBLIC

Free will donation to benefit the
Weirton Christian Center

Join us for an afternoon of patriotic and
holiday music!



2023
SAT
04
NOV

WHEELING SYMPHONY ORCHESTRA BRASS QUINTET AT COVE PRESBYTERIAN CHURCH

🕒 2:00 pm - 4:00 pm
📍 3404 Main Street

🕒 TIME

(Saturday) 2:00 pm - 4:00 pm



2023
SAT
18
NOV

WEIRTON'S CHRISTMAS ON MAIN STREET

🕒 1:00 pm - 7:00 pm
📍 200 Municipal Plaza



🕒 TIME

(Saturday) 1:00 pm - 7:00 pm



FALL INTO CHRISTMAS

CRAFT & VENDOR SHOW

NOVEMBER 18
CHESTER CITY PARK
10AM-5PM

COME DO YOUR CHRISTMAS SHOPPING!
CRAFTS, FOOD & MORE!

PROCEEDS BENEFIT CHESTER CITY PARK





**Blessed
Sacramento
CWC Fall
Vendor Show
and Bake Sale**



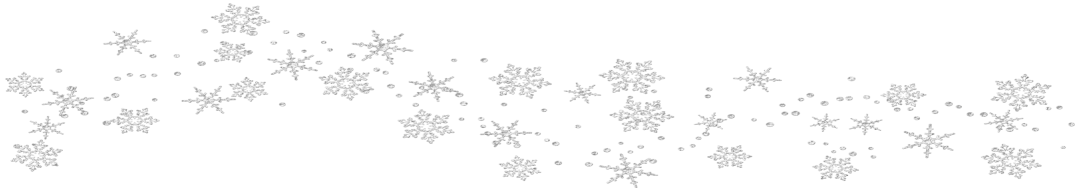
**Sat. Nov 11th,
10A.M. to 4P.M.**

SARGUS HALL

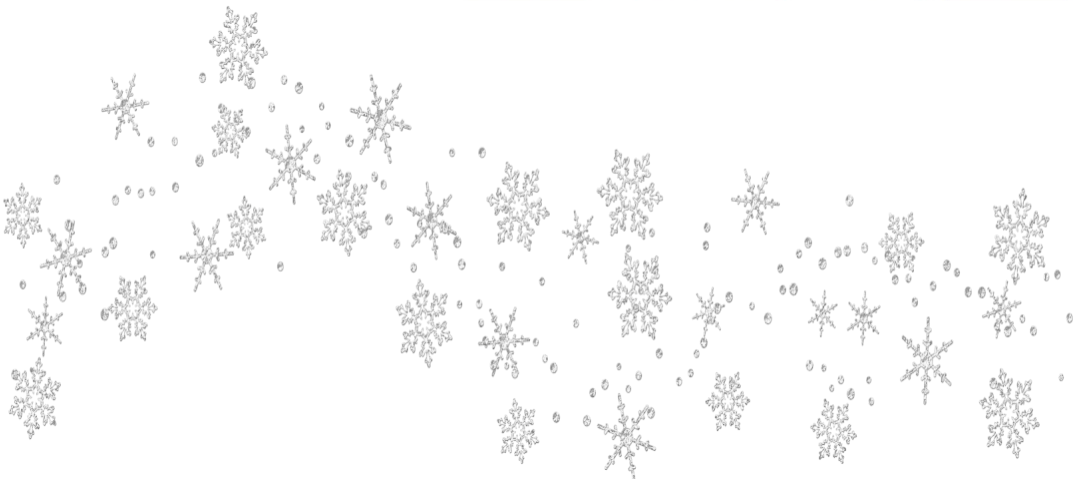




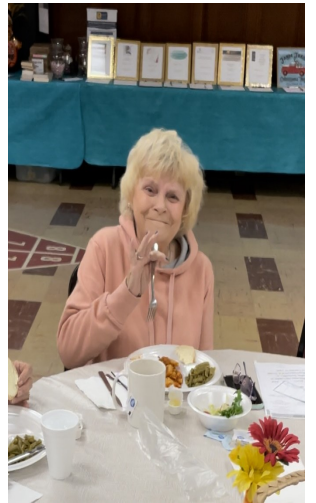
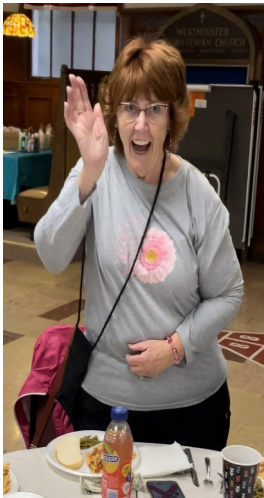
The community kicks off the holiday season with entertainment, a holiday market, opening of the Steubenville Nutcracker Village and a countdown to lighting of the 30' Christmas tree, followed by fireworks!



Weirton Christmas Parade takes place on Saturday, November 25, 2023 along Main Street, Weirton. Line-up starts at 4pm. Parade starts at 6pm. Fireworks to follow.



Making Memories





**Living-Learning-Sharing-Caring
Together As We Age**

